



St. John's Preschool Newsletter

February 2024



CALENDAR

February

7 Open House for Prospective Families

9 Ice Cream Sundae Day (please let teacher know if your child cannot eat certain things)

14 Valentine's Day (please let teacher know if your child cannot eat certain things)

19 President's Day NO SCHOOL

March

20 Easter Chapel 11:30

22 Professional Dev for Teachers NO SCHOOL

25 – April 1 Easter break

PRESCHOOL INFO

TAX ID INFORMATION

Our tax ID # is 52-1890498

If you need a statement of tuition paid for 2023 please email me or treasurer@sjkidspreschool.org

REENROLLMENT FOR NEXT YEAR (2024 – 2025 SCHOOL YEAR) HAS STARTED!

Reenrollment / registration for the 2024-2025 school year is open. To reserve your space you will need to complete the registration form and submit it with the \$80 registration fee. To finalize the space, you will need to submit the tuition for May 2025 by May 3, 2024.

VALENTINES DAY

We will celebrate Valentines Day at St. John's with cookies, fruit juice boxes and a little chocolate. Please let your teachers know if your child is not able to participate. Children will also be sharing valentines on this day. Please have them bring in enough for entire class. You DO NOT need to put the names of the classmates on each valentine.



As we move towards Valentine's Day much of our focus at our preschool will turn towards love, friendship, kindness and gratitude.

We believe that it is never too early to begin teaching students about the importance of gratitude. An appreciation and thankfulness for what we have creates so many benefits in our lives. According to an article in John's Hopkins Medicine, in addition to strengthening values, practicing gratitude also has health benefits for children. It helps to lessen stress, improve sleep, support better relationships and brings about less reported anxiety and depression.

There are lots of ways and opportunities to practice and show gratitude. Below are three ideas that might be useful.

1. On your car ride home from school, you can talk to your child about what you were grateful for that day, as well as what they were grateful for at school.
2. At the dinner table, each family member can discuss one thing for which they are grateful. This can be in general, or related to the person sitting next to them, etc.
3. Have family members draw a picture of something for which they are grateful and discuss what is in each picture. Not only is this a great way to start a conversation about gratitude, it's also can be a fun way to spend quality time with each other.

Also, to help young children understand the concept of gratitude, you can consider using terms like "what made them smile, laugh or have a warm heart".

St. John's Lutheran Church Services

You are invited to come share with the congregation on Sundays at 10:00. You may join in person or virtually!